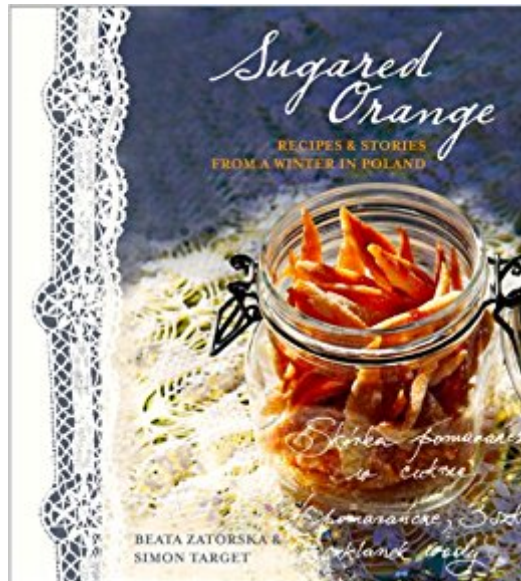




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# Sugared Orange: Recipes & Stories From A Winter In Poland



## Synopsis

The seasonal focus of this stunning memoir cookbook brings to life the food, festivals, and traditions of the long, cold winters spent through a rural Polish childhood. From St. Nicholas' Day to the vigil of Christmas Eve and the mid-winter revelry of a Sylwester New Year's Eve Ball, the touching story picks up where its predecessor, the award-winning *Rose Petal Jam*, leaves off. Featuring 47 new recipes, the lush design and lavish visuals provide inspiration and nostalgia along a winter journey that takes in the cities of Lublin, Warsaw, Kraków, and Łódź, as well as some of Europe's oldest forests and the frozen Mazury Lakes. Part armchair travel but mostly a sumptuous personal narrative enhanced by many well-known romantic paintings and poems, this glorious cookbook demonstrates a deep love for Poland on every page.

## Book Information

Hardcover: 312 pages

Publisher: Tabula Books (October 1, 2013)

Language: English

ISBN-10: 0956699227

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Product Dimensions: 8.6 x 1.5 x 10.2 inches

Shipping Weight: 3.4 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 40 customer reviews

Best Sellers Rank: #693,292 in Books (See Top 100 in Books) #29 in Books > Travel > Europe > Poland > General #35 in Books > Cookbooks, Food & Wine > Regional & International > European > Polish #856 in Books > Cookbooks, Food & Wine > Cooking Education & Reference > Essays

## Customer Reviews

"Rose Petal Jam took my breath away" — *Huffington Post* "A colorful memoir, a pilgrimage, a travelogue and a food adventure." — *Columbia Daily Tribune* "This lovely book makes you hungry for Poland, even when it plays no part in your own heritage." — *Metro Pulse* "Perhaps the best way to describe the book would be as a declaration of love." — *Valentina's Cookbook* "Zatorska's dual narrative—first as a native, with a child's perspective, then as a mature adult and somewhat outsider—makes for an almost dreamlike quality where memory and time collide and distort—at once evocative, enlightening and compelling." — *Food Tripper*

Beata Zatorska was raised in a remote village in rural Poland and emigrated to Australia when she was 19. She is the author of *Rose Petal Jam* and has been a family doctor for more than 20 years.Â Simon Target has written and directed award-winning television documentaries and directed numerous television food shows with chefs such as Curtis Stone, Rick Stein, and Donna Hay. They both live in Sydney.

This book makes for enjoyable reading. The product description is 100% accurate. The photos are gorgeous and there are quite a few. Although this comparison sounds harsh, reading the book feels like the reader is paging through someone's scrapbook. Photos, a few personal notes, a recipe to remember that friend or city, etc. - something to remember the trip or early childhood. Do note that although this book contains recipes, there are only 47 or 48 of them (out of 312 pages). They are easy to make. But recipes are not the scope of this book. If you are looking for an introduction to Polish cuisine or a book on Polish cuisine, you may be disappointed. The scope of this book is to tell the story - visually and orally - of an ex-patriate returning home for a visit with family and the country of birth - this time during the Winter around Christmas.

I purchased 4 copies of *Rose Petal Jam*, one for myself and the other for my children, and told them that even though this story was written by Beata, they were reading about my life. I grew up very near Beata's home town and left Poland when I was 11 yrs. old her family experiences and mine were exactly the same. I'm so grateful for her eloquence and wonderful writing ability to put to paper what I wish I could. The book is exceptionally well written with gorgeous photography and a must read for anyone wanting a glimpse of what growing up in Poland was like. Loving *Rose Petal Jam* so much I kept my fingers crossed that another book would follow and thankfully it did. *Sugared Orange* continues the experiences of an ex-pat returning to the land of her childhood memories with more amazing photographs and wonderful writing. These books are my treasures and I want more. I've read them and re-read them, many times with tears in my eyes, but also with a longing in my heart for what once was. Beata thank you so much for the gift of those two amazing books and please don't stop writing. With sincere gratitude. Elizabeth

This is one of my top 10 favorite books! I love the way she chronicles her family with original photos, passports hand written letters. I love her story! And the photos of Poland are wonderful. All this and great recipes too! Beata Zatorskas other book *rose petal jam* is just as enchanting! I highly

recommend both books!

If you want to feel like you're being transported back in time and to the beautiful country of Poland, this book is for you. I love that the book feels a bit like a scrapbook with short stories from author's past, beautiful photos and illustrations, gorgeous fonts, and of course tasty recipes. Great as a gift too.

A tiny bit disappointed, because it is a little bit over-designed, yet I admit it is an unusual work of art, complete with ribbon markers. A tour of winter-time Poland in real time and in memory with photographs (new and old) and illustrations, 47 recipes, even excerpts of poems from Juliusz Slowacki and Karol Wojtyla/St. John Paul II. Paging through it may make you feel cold, then warm as you read the memories and imagine the recipes. I can't wait to try some of them. .

I love this book. It is just the sort of coffee table book I like to read. The beautiful pictures, recipes, memories. It is just a charming, lovely book. I hope there is a third one in the works.

I am not Polish but I gave this as a Christmas gift to a friend who is Polish and it was the perfect gift there are stories and old recipes .. classic moments captured of Christmas in Poland history and good food covers photos.. stories traditional history christmas and recipes worth it .. now I wish this author wrote one for Italian LOL

This book is not just a cookbook. it has wonderful pictures and memories. it also has great recipes. This is her second book and i hope she writes more. i enjoyed both books a lot.

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